**BLA HIGH 5 NETBALL COMPETITION**

**Teams Involved**

|  |  |
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| **Number** | **School/Team Name** |
| 1 | West End Lightning |
| 2 | BLS Mavericks |
| 3 | BLS Thunder |
| 4 | Grosvenor Park Storm |
| 5 | Grosvenor Park Sirens |
| 6 | Overton Stars |
| 7 | Overton Dragons |

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| --- | --- |
| **Number** | **School/Team Name** |
| 8 | Trumacar Hurricanes |
| 9 | Sandylands Flames |
| 10 | Slyne Devils |
| 11 | Slyne Wasps |
| 12 | Westgate Giants |
| 13 | Westgate Blaze |
| 14 | Mossgate Panthers |
| 15 | St Peters Blizzard |

**Format**

* 15 teams split into 3 groups, playing each other once.
* 1ST AND 2ND in each group qualify for the knockout stages
* Two highest placed 3rd place teams also qualify for the knockout stages
* Other 3rd place, 4th and 5th in each group are out
* Straight knockout stages

**Games**

* Matches are 6 minutes ONE WAY
* Squad rotation at the end of every game

**Footwork**

* A player may receive the ball with one foot grounded or may jump to catch and land on one foot. While that landing foot remains on the ground the other foot may be moved in any direction and any number of times, pivoting on the landing foot if desired. Hopping is not allowed.
* A player may receive the ball while both feet are grounded, or may jump to catch and land on both feet simultaneously. The player may then choose to move either foot, and the remaining foot shall then be considered to be the landing foot.
* Penalty: Free Pass.

**Playing the ball**

A player **must**:

* Pass or shoot within 4 seconds.
* Obey the Footwork Rule.

A player **must not**:

* Deliberately kick the ball.
* Bounce the ball more than once.
* Hand or roll the ball to another player.
* Place their hands on a ball held by an opponent.
* Throw the ball while sitting/lying on the ground.
* Use the goalpost as a support in receiving a ball going out of court to gain balance.
* Throw the ball over a complete third without it being touched or caught by another player in that third.
* Regain possession of the ball, having dropped or thrown it, before it has been touched by another player.

**Defending, obstruction and contact**

* Players must be at least 1m away from the person with the ball.
* Defending the ball in a player’s hand by outstretching the arms is not permitted.
* One jump to intercept a throw or shot is permitted, provided the player is at least 1m away. Arms may only be raised as part of the vertical jump in an attempt to intercept the ball.
* Jumping up and down in front of a player is not permitted.

**FIXTURES/FORMAT/TIMINGS**

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| **FIXTURES/RESULTS** |
| **TIME** | **COURT 1** | **RES** | **COURT 2** | **RES** | **COURT 3** | **RES** | **COURT 4** | **RES** |
| 3.35pm | **GROUP A****SLYNE WASPS v GROSVENOR PARK SIRENS** | 0 | 1 | **GROUP B****MOSSGATE PANTHERS v OVERTON STARS** | 0 | 0 | **GROUP C****OVERTON DRAGONS v TRUMACAR HURRICANES** | 0 | 0 | **GROUP A****SP BLIZZARD v BLS MAVERICKS** | 1 | 1 |
|  | **GROUP A****SANDYLANDS FLAMES v SP BLIZZARD** | 1 | 5 | **GROUP B****WEST END LIGHTNING v SLYNE DEVILS** | 0 | 2 | **GROUP C****WESTGATE BLAZE v GROSVENOR PARK STORM** | 0 | 0 | **GROUP B****OVERTON STARS v WESTGATE GIANTS** | 0 | 1 |
|  | **GROUP A****BLS MAVERICKS v SLYNE WASPS** | 5 | 0 | **GROUP B****WESTGATE GIANTS v WEST END LIGHTNING** | 0 | 0 | **GROUP C****BLS THUNDER v WESTGATE BLAZE** | 0 | 1 | **GROUP B****SLYNE DEVILS v MOSSGATE PANTHERS** | 5 | 0 |
|  | **GROUP A****BLS MAVERICKS v GROSVENOR PARK SIRENS** | 1 | 1 | **GROUP B****SLYNE DEVILS v OVERTON STARS** | 1 | 0 | **GROUP C****GROSVENOR PARK STORM v OVERTON DRAGONS** | 0 | 2 | **GROUP A****SLYNE WASPS v SP BLIZZARD** | 0 | 6 |
|  | **GROUP A****SANDYLANDS FLAMES v SLYNE WASPS** | 3 | 0 | **GROUP B****WESTGATE GIANTS v MOSSGATE PANTHERS** | 2 | 0 | **GROUP C****GROSVENOR PARK STORM v TRUMACAR HURRICANES** | 0 | 3 | **GROUP C****BLS THUNDER v OVERTON DRAGONS** | 2 | 0 |
|  | **GROUP A****SP BLIZZARD v GROSVENOR PARK SIRENS** | 0 | 0 | **GROUP B****MOSSGATE PANTHERS v WEST END LIGHTNING** | 0 | 4 | **GROUP C****OVERTON DRAGONS v WESTGATE BLAZE** | 1 | 0 | **GROUP B****WESTGATE GIANTS v SLYNE DEVILS** | 1 | 0 |
|  | **GROUP A****SANDYLANDS FLAMES v BLS MAVERICKS** | 0 | 3 | **GROUP B****WEST END LIGHTNING v OVERTON STARS** | 4 | 0 | **GROUP C****BLS THUNDER v GROSVENOR PARK STORM** | 2 | 0 | **GROUP C****WESTGATE BLAZE v TRUMACAR HURRICANES** | 2 | 1 |
|  | **GROUP A****GROSVENOR PARK SIRENS v SANDYLANDS FLAMES** | 1 | 0 |  |  |  | **GROUP C****TRUMACAR HURRICANES v BLS THUNDER** | 0 | 1 |  |  |  |
|  | **QF 1****GRP A WINNER v 3RD PLACE****SP BLIZZARDS v ~~WEST END LIGHTNING~~****(AET)** | 3 | 2 | **QF 2****GRP B WINNER v 3RD PLACE****WESTGATE GIANTS v ~~GROSVENOR PARK SIRENS~~** | 1 | 0 | **QF 3****GRP C WINNER v GRP A RUNNER UP****~~BLS THUNDER~~ v BLS MAVERICKS** | 0 | 1 | **QF 4****GRP B RUNNER UP v GRP C RUNNER UP****SLYNE DEVILS v ~~OVERTON DRAGONS~~ (AET)** | 3 | 2 |
|  |  |  |  | **SF 1****QF 1 WINNER v QF 2 WINNER** **WESTGATE GIANTS v SP BLIZZARD** | 0 | 1 | **SF 2****QF 3 WINNER v QF 4 WINNER****~~BLS MAVERICKS~~ v SLYNE DEVILS** | 0 | 1 |  |  |  |
|  |  |  |  | **FINAL****SF 1 WINNER v SF 2 WINNER****~~SP BLIZZARD~~ v SLYNE DEVILS** | 0 | 1 | **3RD/4TH PLAYOFF****SF 1 LOSER v SF 2 LOSER****BLS MAVERICKS v ~~WESTGATE GIANTS~~** | 2 | 0 |  |  |  |
| 6.00pm | PRESENTATION |

2018-2019 BLA SSCO High 5 Netball Champions: SLYNE WITH HEST

2nd Place: St Peters

3rd Place: Bolton le Sands

4th Place: Westgate

Congratulations to Ferrara from Westgate won Star Award

**GROUP STAGES**

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| **GROUP A** |
| **POS** | **TEAMS** | **GOALS FOR** | **GOALS AGAINST** | **GD** | **POINTS** | **TOTAL** |
| **1** | **St Peters Blizzard** | **1** | **5** | **6** | **0** | **1** | **1** | **0** | **0** | **+10** | **3** | **5** | **5** | **3** | **16** |
| **2** | **BLS Mavericks** | **1** | **5** | **1** | **3** | **1** | **0** | **1** | **0** | **+8** | **3** | **5** | **3** | **5** | **16** |
| **3** | **\*Grosvenor Park Sirens** | **1** | **1** | **0** | **1** | **0** | **1** | **0** | **0** | **+2** | **5** | **3** | **3** | **5** | **16** |
| 4 | Sandylands Flames | 1 | 3 | 0 | 0 | 5 | 0 | 3 | 1 | -5 | 0 | 5 | 0 | 0 | 5 |
| 5 | Slyne Wasps | 0 | 0 | 0 | 0 | 1 | 5 | 6 | 3 | -15 | 0 | 0 | 0 | 0 | 0 |

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| **GROUP B** |
| **POS** | **TEAMS** | **GOALS FOR** | **GOALS AGAINST** | **GD** | **POINTS** | **TOTAL** |
| **1** | **Westgate Giants** | **1** | **0** | **2** | **1** | **0** | **0** | **0** | **0** | **+4** | **5** | **3** | **5** | **5** | **18** |
| **2** | **Slyne Devils** | **2** | **5** | **1** | **0** | **0** | **0** | **0** | **1** | **+7** | **5** | **5** | **5** | **0** | **15** |
| **3** | **\*West End Lightning** | **0** | **0** | **4** | **4** | **2** | **0** | **0** | **0** | **+6** | **0** | **3** | **5** | **5** | **13** |
| 4 | Overton Stars | 0 | 0 | 0 | 0 | 0 | 1 | 1 | 4 | -6 | 3 | 0 | 0 | 0 | 3 |
| 5 | Mossgate Panthers | 0 | 0 | 0 | 0 | 0 | 5 | 2 | 4 | -11 | 3 | 0 | 0 | 0 | 3 |

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| **GROUP C** |
| **POS** | **TEAMS** | **GOALS FOR** | **GOALS AGAINST** | **GD** | **POINTS** | **TOTAL** |
|  | **BLS Thunder** | **0** | **2** | **2** | **1** | **1** | **0** | **0** | **0** | **+6** | **0** | **5** | **5** | **5** | **15** |
|  | **Overton Dragons (H2H)** | **0** | **2** | **0** | **1** | **0** | **0** | **2** | **0** | **+1** | **3** | **5** | **0** | **5** | **13** |
|  | Westgate Blaze | 0 | 1 | 0 | 2 | 0 | 0 | 1 | 1 | +1 | 3 | 5 | 0 | 5 | 13 |
|  | Trumacar Hurricanes | 0 | 3 | 1 | 0 | 0 | 0 | 2 | 1 | +1 | 3 | 5 | 1 | 0 | 9 |
|  | Grosvenor Park Storm | 0 | 0 | 0 | 0 | 0 | 2 | 3 | 2 | -7 | 3 | 0 | 0 | 0 | 3 |

*\*One of the two best 3rd placed teams qualify for knockout phase*