



LHSSN

Conference Email Presentation

2021





An Introduction

Teachers have done a fantastic job in difficult times! THANK YOU!!!

Where we've come from neatly summarised by these 3 videos of The Lancashire School Games:

[2018-19](#)

[2020 Covid Hits!](#)

[2020 The World Adapts!](#)

Please watch them and think how far we've come and how we have adapted. Teachers and schools have done brilliantly. You've worked through holidays, you've moved things online...& continued in the classroom at the same time! Got used to new technologies and made the best of a terrible situation! Pupils have had a different style of learning and will have a whole range of new experiences, some even became our workforce!!! Artistic and creative skills have been used and seen as important during this time, as has PE and sport!!

Please note the hyper links embedded throughout the text; blue underlined text. Simply click or hold down your 'ctrl' key then click





Covid Chaos!

What have we learned, what do we need to do now and what's available to help us?

*Please note the hyper links
embedded in the text;
blue underlined text.*

WHAT HAVE WE LEARNED?



PHYSICAL ACTIVITY IS REALLY IMPORTANT!!
WHATEVER YOUR AGE!!

ESPECIALLY FOR CHILDREN!

It was an exemption in all of the lockdowns.
PE/games was the only subject timetabled into every day with key worker pupils in my school!



PUPILS HAVE BEEN AFFECTED PHYSICALLY & MENTALLY & PE SHOULD REMAIN IMPORTANT IN A 'CATCH UP CURRICULUM'!

They haven't been able to embed fundamental movement skills, practice social aspects of team sports, or enjoyed learning through physical activity! This could be life changing- if they can't reach a level they may never play sport again!

they have missed out on the memories of competing for school- particularly those in year 5/6 like my own daughter!



VIRTUAL DELIVERY SOME BENEFITS!

We've found people and schools who have been able to access things they couldn't before. However, it relies on sharing & parents engaging. There should be something for everyone!

Pupils can still be given opportunities and we've all tried to be creative to provide these. All we can do is hope they take them up and find the thing they enjoy!

COMPETITION IS STILL IMPORTANT

- The [National Curriculum for PE](#) states that schools should offer appropriate competition in the first paragraph and throughout and will be measured.
- The current situation has provided many challenges but hopefully you can still find something to engage your pupils with. Hopefully there'll be opportunities within your school, if not physically between schools, very soon- virtual interschool (Level 2 School Games) is available!
- We have provided several such opportunities. We do not expect you to do them all, just pick anything suitable.
- We hope it's more than a 'tick box' and your school and pupils get something out of such activities, for example- they get physically active, can practice developmental skills and challenge, and therefore interact, with isolated friends!
- The majority of activities are on our website under the [news sections](#) so you, or parents, can access them. It'd be great if you could share to our [social media](#) so we can see what's happening and helps us track what works best and report back.



Activities are still available!



- Beyond our offer in the schools, where some delivery has taken place (we understand all schools are different), there are several options, including Bubble activities like 'Dodgeball Values' are available. See www.lhssn.co.uk News section, your emails or links for further info on these activities. We hope there will be even more over summer!

Schools must provide at least 1 'Intra' competition and 1 'inter' competitions to be classed as 'actively engaged in the school games'.

PHYSICAL ACTIVITY

COMPETITION

MENTAL WELLBEING

GENERAL

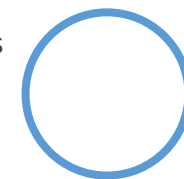
Home Activity Pack Family Walks Activity 2021 challenge Diary Active Advent #100orMore for Tom Moore 2.6 Challenge	Lancashire School Games Virtual offer https://lancshireschoolgames.co.uk/spar-lancashire-school-games-stay-at-home-heroes-challenge/ LSG Termly Challenges (Various Sports) Orienteering App 1&2 Dodgeball values	Leadership Challenge (social) Mental Health Week Pack	UoC home Activity Videos Design a Kit Simply sharing all the other activities out there! YST Afterschool Club Covid Recovery Booklet Inclusive activity
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Activity Programmes & Challenges

LSG Stay at Home Heroes KS1-5
LSG Online Challenges
[O-loo-ympics!](#)

Healthy Heads Resources

Cross Curricular activities



CPD & RESOURCES STILL AVAILABLE ONLINE



Make the most of online training before we're booking cover and travelling again!

1. There's several CPD opportunities available for you, and other staff, please check the CPD list. There's more than ever before! Many are short introductory style with webinars ideal for you to pass on to other staff in your school to help them to support you deliver high quality PE for your pupils and achieve Active 60 minutes!
2. There's a Covid recovery series of webinars **22-25 February**- links and resources available [here](#).
3. New Disney Shooting Stars Active Literacy course links are here: ([February News Section](#) of our website).
An article about the scheme on the *Literacy Trust* website is [here](#)!
This will revert back to face2face soon so book quickly! Disney Story books, bibs and resources are available for free to those involved. It's a 3 year funded scheme and there are set to be several other opportunities!!
4. Combining the Girls Football and Active 60 minutes.... And something that can be done during or after school please see the YST afterschool clubs. Available live on Tuesdays and Thursdays at 5pm with recordings available for you to use at another time. This one features **Rachel Yankey** ! [HERE](#)!
5. Resources are also available for the scheme related to Disney's Incredibles initially. 6 to download & share. [Girls football website](#) > Participation > Shooting Stars > Home Resources
6. Inclusive activity training and resources [here](#)!



USED ONLINE PE & SPORT? LOTS OF EXAMPLES!



P.E. Day in Reception!



There have been fantastic examples of utilising the online world!

Please let us know details of what you've been doing as it's much harder for us to track when we don't see you. Please also ask parents to follow @LHschoolsport so they can get involved in things independently and still represent your school!





ACTIVE 60 MINUTES

(POWER OF AN ACTIVE SCHOOL: [VIDEO](#))

1. How far have you come since [2019's Active 60 minutes guidance](#) in terms of ensuring your schools are more active places? Have you used your premium to help?
2. Could you think about using the current situation as an opportunity to reflect and reset? Clearly COVID has gotten in the way of your plans but could your school now become a more active place to be throughout the day?
3. Have you [reviewed activity](#) levels across the whole day a pre-requisite of [Your School Games Mark](#)? Including lesson time and before/after school? Or even policy changes like walking buses and active travel?
4. Could the pupils have a voice to better guide your decisions? Are you really giving them what they want and need?
5. Are all staff involved? This has been a key element of our lunchtime/support staff training to help make lunch & breaks more active and structured. Ideally using pupil leadership!
6. [Here's](#) a video of a school that keeps activity central and do some great work!
7. If you need support promoting the importance of activity to fellow teachers and beyond, perhaps to encourage more of them to support your work please contact us and we'd be happy to do a short talk or can go through information with you. The videos on the text above help and, of course, this one [here!](#)





Future?

Uncertain... but....

What is more certain than ever is the value of physical activity!!!

Current general sports guidance

More guidance will follow. NGB's policies will affect competitions, whilst Lancashire County Council will often also give their own specific rulings such as the differences allowed between community sport and school sport following the previous lockdown. What we do know is that clubs and sessions can begin to take place within schools

Guidance taken from DfE

You have the flexibility to decide how physical education, sport and physical activity will be provided while following the measures in your system of controls.

How?

- Pupils should be kept in consistent groups.
- PE equipment should be thoroughly cleaned between each use by different groups.
- Pupils need to maintain a safe distance from one another.



What to teach and where

- Outdoor PE prioritised where possible.
- You can hold PE lessons indoors if well ventilated.
- You can teach activities related to team sports e.g. practising specific techniques.
- Team sports whose national governing bodies have been approved by the government i.e. sports on the list available at grassroots sports 'guidance for safe provision including team sport, contact combat sport and organised sport events'.



External facilities

- External facilities can also be used in line with government guidance.

External coaches

- You can work with external coaches, clubs and organisations for curricular and extra-curricular activities. You must be satisfied that it is safe to do.



Competition

- Competition between different schools should not take place until wider grassroots sport for under 18s is permitted.

Let's get active

- Try to make your day as active as possible including active miles, break times and lessons, travelling to and from school.



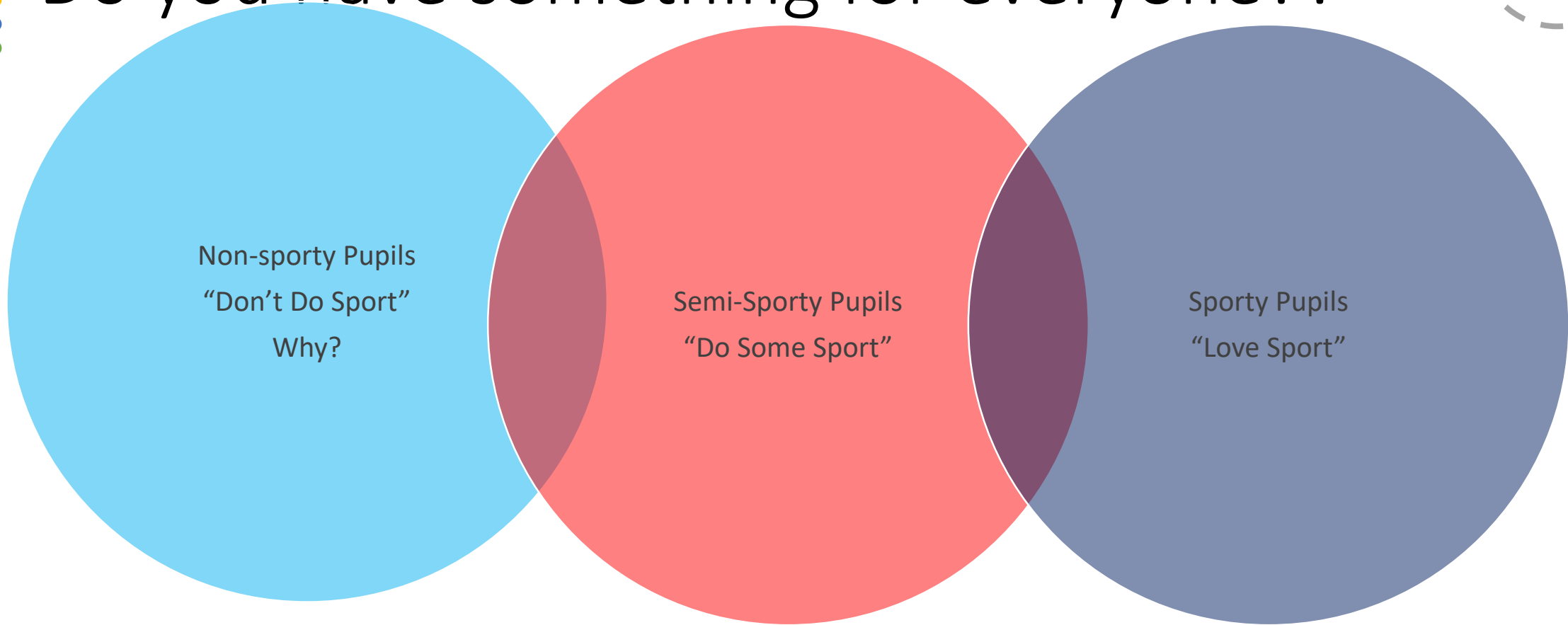
Documents to help

- Guidance on 'grassroot sports for public and sport providers, safe provision' and 'facilities' and guidance from Sport England.
- Advice from organisations such as the Association for Physical Education and the Youth Sport Trust.
- Guidance from Swim England on school swimming and water safety lessons available at 'returning to pools guidance' documents.
- Using 'changing rooms safely'.
- All documents can be found on 'schools, coronavirus (Covid-19) operational guidance', Feb 2021.

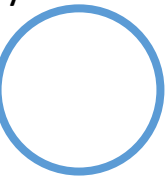


After school clubs can soon restart!!

Do you have something for everyone??



Think about your school's clubs and your pupils. Put them in each category. Each will want different things from the activity on offer! Is there really something for everyone? How about boys/girls, is your offer even ([Girls football](#), does mixed put some off?), could some of your clubs be used as part of the catch-up curriculum physically, mentally, socially or [cross curricular](#)? Is it inclusive (see [inclusive health check](#))? How could you use your funding to help?



FUNDING

1. Your underspend from last Summer's Covid Chaos was able to be carried over but this money, from last academic year, should be spent by 31st March this year 2021. Clearly you will probably have another underspend this year but there has been no guidance given on this as yet. Obviously there are lots of distractions at the moment!
2. Sport England released it's plan for the next 10 years at the end of January 2021! Looks promising and children feature heavily. However specific decisions haven't been made either way. This is nothing new though so please don't read anything into it. Nobody knows what will happen next week at the moment, never mind next year! The PE premium is never guaranteed and is reviewed annually. Hopefully it will continue but it needs you to demonstrate the impact via your evidencing and things like social media, we know that it's being monitored on a national level, and engaging in things like the School Games and activities on offer. We are part of the same measures.
3. We really need you to give us data when we ask. We really do not like bothering you and completely understand it's a pain, especially at the moment. It's a pain for us too! We have to compile it all and analyse, report on it etc before submitting! Unfortunately this is what shows to Government and sponsors (e.g. Barclays and Disney in the case of Girl's football) that things are happening and their money is being used effectively. If there is no data, there is no impact, there is no funding! Unfortunately we're not seeing you as much as we have been and we used to do much of this for you by seeing you at events!
4. The School Games is up for review again in October- it was originally due to end this March but was extended to October '21. This is likely to mean it'll be around for at least next academic year, and hopefully longer. They can only ever extend to October as this is when the Government financial review takes place- hopefully there'll be at least another 3 year cycle. Again, nothing is certain! However, it does mean we need you to take data seriously- we wouldn't ask if we didn't need you to do it to keep opportunities coming to the area. Not just for our roles, but for all the funded activities we apply for and access on your behalf like Disney Girls Football, support for facilities, leadership and other schemes!
5. Consider sustainability of your spending. The LHSSN has always factored CPD in. This is the best way of sustaining high quality PE and Sport. It also makes your jobs easier!! Please try to make the most of the CPD opportunities and include all staff, even those beyond teachers! What would happen if you left your school? Would PE collapse?
6. On both of the previous points- If PE isn't thriving now, with this funding, if it was to go, how would you be able to argue with your headteacher that they should let you invest even tighter funds in the future. There is a real danger that PE and Sport would be worse than before if Heads say; *'We don't have the premium now, we can't go to that competition or get the coaches in, you'll have to do it and do the best you can with the 3 footballs we have in the store!'*. Hopefully the PE premium will continue but it's something to think about!!
7. We will have an LHSSN offer for you for next year so please factor that into any budgets and let us know if there is something you'd particularly like including. As ever, we would guarantee, that as a minimum, you'd get coaching and support from myself and Tim but hopefully much, much more!



FUNDING- EVIDENCING

- As a legal requirement of the funding, schools **MUST** publish, on their website, information about their use of the **Primary PE and sport premium** funding. The deadline for this current academic year is **31st July 2021** but we recommend you update it regularly- particularly whilst funding is being reviewed. It also keeps the process more manageable and accurate- rather than having to remember things!
- **Note:** Due to disruption due to Covid-19, DfE has given permission for schools to 'carry over' underspend from the academic year 2019/20 into this year 2020/21, but this **must be spent and reported on by 31st March 2021**.
- Further details and the reporting templates, that we recommend you use, are available here to download in editable word form:
<https://www.afpe.org.uk/physical-education/evidencing-the-impact-guidance-template/>
Video Webinar here: <https://www.afpe.org.uk/physical-education/primary-pe-and-sport-premium-webinar-recording/>
- On your SSN membership documents many of the items we include have at least 1 of the 5 KPIs of the spending listed next to it to help you when completing this task.





Actions To Consider

Hopefully these are useful suggestions and we do completely understand how tricky things are for you all!



ACTIONS



Log into
www.yourschoolgames.com
and complete your school
games mark and inclusive
health check- first section
closes **20/5/21**



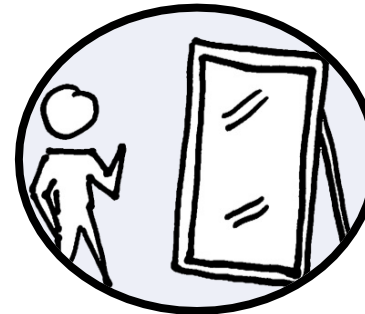
Check out [Active Lancs](#) & [LHSSN](#) for
activities & get pupils involved!
Caters for bubbles & homeschooling.
If nothing else share @LHschoolsport
on [Twitter](#) & [Facebook](#) with parents



Register, download, get involved!
Active Literacy, social and the Disney
'hook' to get pupils involved! Other
staff could also be involved- they just
read a story! Resources & Training
available [here](#)!



Make the most of online
CPD before you have to
ask for extra cover and
travel times! It's a chance
to get other staff involved!



Things have stopped! It's a chance to reassess!! Do girls get equal access
to football in your school?- can they, via the Disney work? Which may also
appeal to less sporty pupils!

Are you providing opportunities for **all pupils** to be active for at least 60
minutes everyday in school & at home? Can you change clubs, sports, or
think about how they're offered to appeal to the non-sporty pupils?
complete the active school planner: Please look at
<https://www.activeschoolplanner.org/> to see if there are areas to
improve



Future funding is always up for
review! Now more than ever! [How](#)
[have you/will you spend it?](#)
Sustainability!??

Make PE central! Promote what
you're doing to parents, governors
and head teachers! Use social media
and tag @LHschoolsport



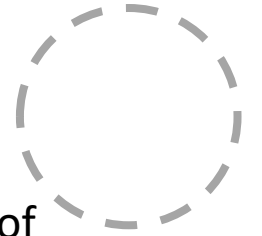
Consider the physical, [mental](#)
[and social impacts of Covid](#). PE
& Sport should be central to
recovery curriculums!



School Games Mark

Yes it is still going ahead but looks a little different! Don't miss out!!

School Games Mark & Walk Through



- It takes less than 10 minutes to complete this year's Games Mark and it should help you! It's much more of a developmental tool. To get your Games Mark, schools need complete a quick form pre-Summer Term (by 20th May) then review it Summer Term when an additional short section will then be added! it is VERY quick, easy and hopefully useful!

Many Head Teachers will still expect you to achieve it and will compare against other schools. At a time when funding is being especially closely reviewed, please do not let things slip. Please check it out.

Note:

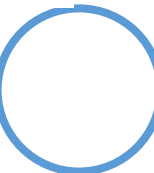
For the remainder of the academic year a school that is 'Actively' Involved in School Games is:

- Registered on the School Games website
- Engages in a minimum of one intra competition (face to face or virtual)
- Engages in a minimum of one inter school competition (face to face or virtual).

As we normally cover it in our conference, questions follow and there is a video walk through here:

[Walk through:](https://vimeo.com/489767208)

<https://vimeo.com/489767208>



School Games Mark



- <https://vimeo.com/489767208>
- www.yourschoolgames.com





Using the **School Games Mark** Framework to develop your PE, School Sport & Wellbeing offer

A BRIEF GUIDE

LHSSN

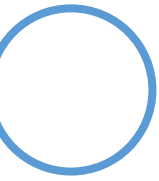




What is the School Games Mark Framework?

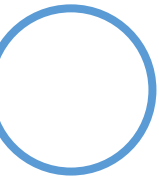


- a straight-forward development tool that schools can use to self-review their engagement and provision
- supports schools in planning for their recovery curriculum
- helps schools maximise their engagement in the School Games



Why should I complete it?

- it has been designed to be simple and helps you to reflect on your provision and uptake within the School Games
- helps you make sure your School Games provision supports your recovery curriculum and can support Ofsted preparation
- helps you consider which young people need sustained targeted interventions
- engages school leaders and asks how your SGO can support you
- shows you what progress you have made and what your further areas for development are



How do I complete it?

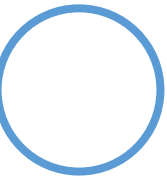
- log in to your school dashboard at www.yourschoolgames.com
- scroll down the page until you see this section:
- click 'start the questionnaire'
- save your progress if you can't complete it in one go but don't forget to submit it





What else do I need to know?

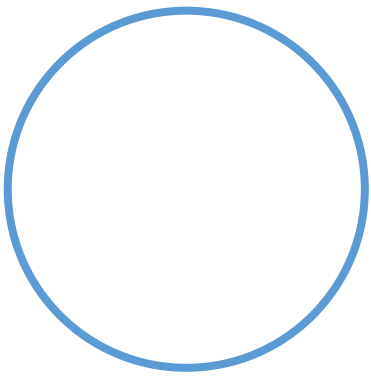
- submit your answers anytime but those doing so before February half term will get a school reward
- share the results with colleagues, Senior Leaders and Governors
- your SGO will be able to help you to develop and implement any of your ideas
- in Summer 2021 take a look at the updated tool & share with us any practice that you are proud of or has made a difference to your young people

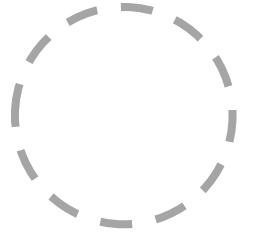




GOOD Luck!

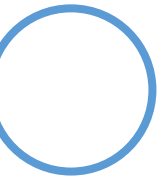
For further support-
Steven-SGO Lancaster schools
Tim- SGO Heysham schools





Screengrabs of Questions

Section 1 – 10 questions





School Games Mark Framework

1

SECTION 1 OF 4

Increasing Engagement in the School Games

This is about how you as a school are positioning the School Games as a driver for change in supporting your recovery curriculum and reaching out to those young people who have been most impacted by COVID-19.

QUESTION 1 OF 10

Have you as a school started to deliver any after school provision since your return to school, inclusive of external providers?

We know these are challenging times, but a well planned extra curriculum programme can be critical in supporting young people's physical, social and emotional wellbeing.

- ☐ Yes
- ☐ No

TOP TIPS & ACTIONS

Please select an answer to see your recommended actions

SAVE



QUESTION 2 OF 10

Has your school started to deliver any lunchtime or breaktime provision since your return to school, inclusive of external providers?

As with the previous question we appreciate that this is a difficult time for schools but being physical during these times is even more vital for our young people.

- ☐ Yes
- ☐ No

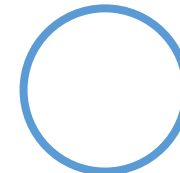
QUESTION 3 OF 10

Do you have a system in place to track your young people's participation in the School Games across the academic year?

- ☐ Yes
- ☐ No

TOP TIPS & ACTIONS

Please select an answer to see your recommended actions



QUESTION 4 OF 10

Have all your year groups returned to their pre-COVID levels of curriculum PE?

- ☐ Some have
- ☐ All have
- ☐ None have

TOP TIPS & ACTIONS

Please select an answer to see your recommended actions

QUESTION 5 OF 10

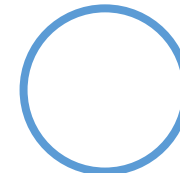
Have you engaged with your School Games Organiser this term?

As an example this could have been through a virtual event that your young people may have participated in or through email comms/ phone call communication about what your school's needs are following your return to school.

- ☐ Yes
- ☐ No

TOP TIPS & ACTIONS

Please select an answer to see your recommended actions





QUESTION 6 OF 10

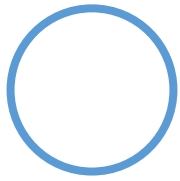
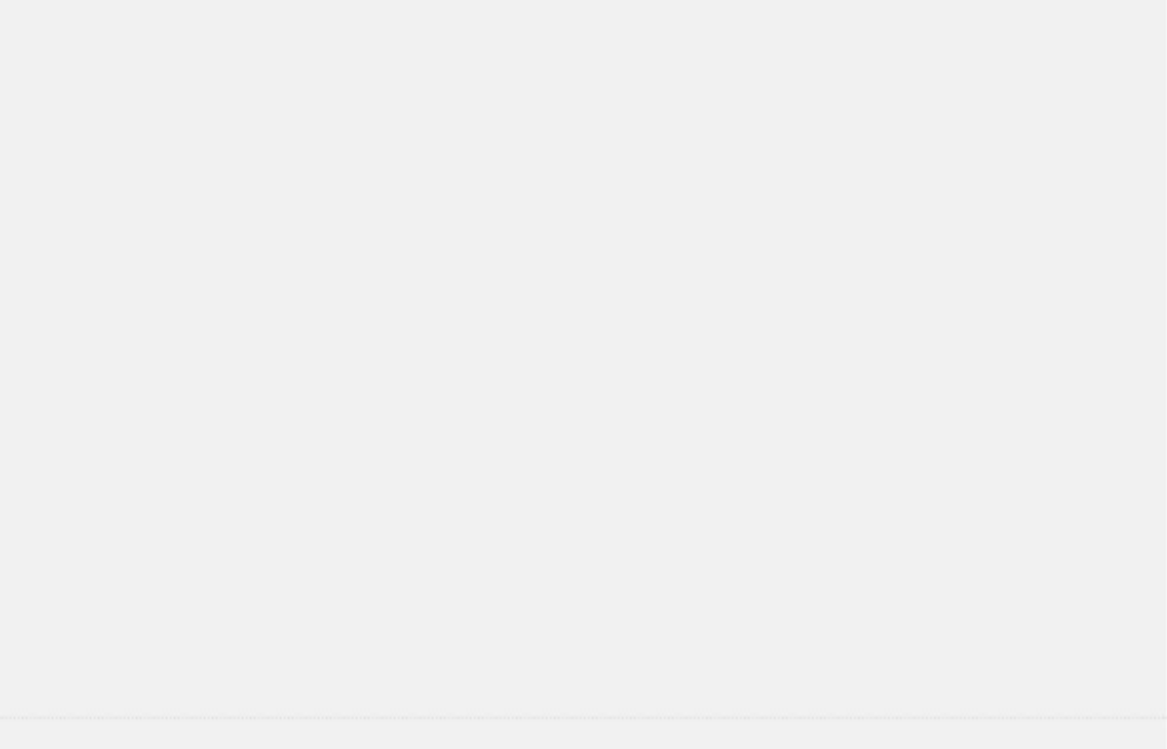
Have you identified any young people as a school whom you believe have been negatively impacted due to COVID-19 that would benefit from some School Games interventions?

Examples of this could include, but are not limited to, those young people who are more anxious since returning to school, from low socio economic backgrounds, are displaying a lack of connectedness or loneliness as well as those young people who are showing gaps in their learning.

- ☐ Yes
- ☐ No

TOP TIPS & ACTIONS

Please select an answer to see your recommended actions





QUESTION 7 OF 10

Have you completed the School Games Inclusive Health Check?

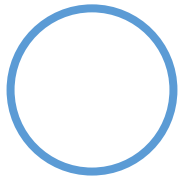

This development tool will support you in targeting and positioning your School Games offer. With COVID-19 impacting on the physical activity levels of young people from Black, Asian, Minority, Ethnic (BAME), Low Socio Economic Groups (LSEG), Special Educational Needs and Disabilities (SEND) and Girls groups more significantly, focused attention on maximising your engagement in the School Games to target these young people is required, the Inclusive Health Check helps you to do this.

- ☐ Yes
- ☐ No



TOP TIPS & ACTIONS

Please select an answer to see your recommended actions



QUESTION 8 OF 10

Does your school provide daily opportunities for physical activity of at least 30 minutes over and above your curriculum PE time?

Increasing physical activity and embedding 30 active minutes for all pupils should be central to any schools who put both their pupil and staff wellbeing at the heart of their vision to be a well rounded educational setting.

- ☐ For some year groups
- ☐ For all year groups
- ☐ No we don't

TOP TIPS & ACTIONS

Please select an answer to see your recommended actions

QUESTION 9 OF 10

Have you completed an activity map on www.activeschoolplanner.org or through using a similar tool?

- ☐ Yes
- ☐ No

TOP TIPS & ACTIONS

Please select an answer to see your recommended actions

QUESTION 10 OF 10

How engaged in the School Games are other colleagues across your school inclusive of your Senior Leadership Team?

Getting buy in to the School Games from other colleagues is really important. This is particularly true of those colleagues such as the SENCo, School Home Link and Nurture/Pastoral leads as their work with targeted cohorts of young people is key as the School Games can very much be positioned as a tool to support them.

Other staff

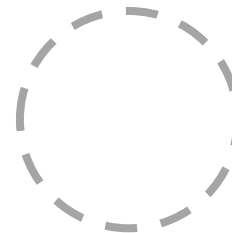
- ☐ Very engaged
- ☐ Fairly engaged
- ☐ Not engaged at all

SLT

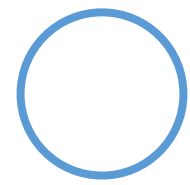
- ☐ Engaged
- ☐ Not engaged

TOP TIPS & ACTIONS

Please select an answer to see your recommended actions



Section 2 – 4 questions





2

SECTION 2 OF 4

Developing Competitive opportunities


The intent of your School Games experience should be planned and well communicated, this will help you to ensure that you have the appropriate provision to meet the needs of your young people to support their social and emotional wellbeing. Use the School Games creatively to ensure that young people are at the heart of your planning.

QUESTION 1 OF 4

Personal Challenge competitions have been delivered (or are planned) during the Autumn term.

There are a plethora of resources designed to support young people build their personal fitness, skill development, movement competence and resilience that can be used in school or in the home through digital resources such as TopYa! or the YSTs challenge cards. Check them out here

www.youthsporttrust.org/free-resources

- ☐ Yes
- ☐ No
- 

TOP TIPS & ACTIONS

Please select an answer to see your recommended actions





QUESTION 2 OF 4

Intra competition has resumed during the autumn term and the uptake from the children has been positive

These can be delivered to children either in school in their bubbles or in the home and when the time is right across school. This can include competing against other individuals or in teams to create a wider sense of belonging and social connectedness.

☐ Yes

☐ No

Select sports 

TOP TIPS & ACTIONS

Please select an answer to see your recommended actions



QUESTION 3 OF 4

Looking at your school's engagement in inter-school competitions (inclusive of virtual delivery) during the autumn term, how many competitions have you participated in?

This can include carefully designed virtual competitions that can include contributions from both individuals and teams or bubbles.

- ☐ 1 event
- ☐ Between 2 & 5 events
- ☐ More than 5 events
- ☐ None

Select sports 

TOP TIPS & ACTIONS


Please select an answer to see your recommended actions



QUESTION 4 OF 4

What is your understanding of #ReframeCompetition?

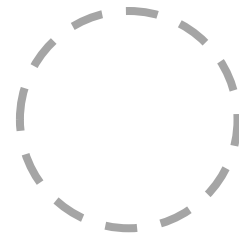
Competition is for everyone, #ReframeCompetition is about more than just a single measure of success and ensuring that everyone participating in a competition has a positive experience and achieves some level of success, whether that is personal to them or contributes to the performance of their team.

- ☐ Never heard of it
 - ☐ Have looked at the resources but not implemented anything related
 - ☐ Understand it and have delivered some competitions using the principles
 - ☐ My school are fully on board and we have changed our provision to align with the principles
- 

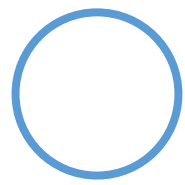
TOP TIPS & ACTIONS

Please select an answer to see your recommended actions





Section 3 – 1 question



Workforce - Broadening the Range of Opportunities

Led by young people for young people is a key principle of the School Games, challenging the norms of peer to peer support and pupil voice shaping is something we want schools to reflect on. Developing a workforce that is young people driven is going to be key in unlocking a school's ability to embed 30 active minutes and beyond.

QUESTION 1 OF 2

Have you identified and trained any young people in leadership opportunities linked to the School Games?

This could include play leaders, lunchtime activators etc. as well as those young people who take part in coaching, officiating roles.

- ☐ Yes
- ☐ No

TOP TIPS & ACTIONS

Please select an answer to see your recommended actions

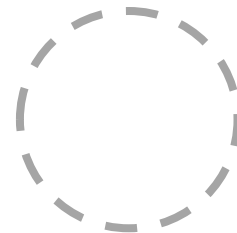
QUESTION 2 OF 2

Have your young people been consulted in the design of your provision?

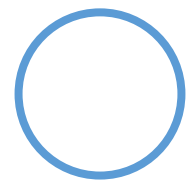
- ☐ Yes
- ☐ No

TOP TIPS & ACTIONS

Please select an answer to see your recommended actions



Section 4 – 1 question





4

SECTION 4 OF 4

Increasing and Sustaining Participation

Whilst community links might prove to be more challenging in the current climate we want to ensure that this is something that schools are giving due consideration to and consider how the School Games could be used to boost this community transition when the time is right.

QUESTION 1 OF 1

We have resumed links with our local community providers where they are back up and running and signposted our young people accordingly.

- ☐ Yes
- ☐ No

TOP TIPS & ACTIONS

Please select an answer to see your recommended actions



THANK YOU

You've done a fantastic job in difficult times!

We're going to see you all very soon!!!!





We're here to help!



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