



2026 LHSSN Primary Sports Olympics Festival

Dear Colleague,

I would like to invite your school to take part in the 2025-26 Lancaster & Heysham SSN Sports Festival, taking place **at Salt Ayre Sports Centre on Thursday 21st May**, 10.00am to approx. 2.30pm. We have organised several sports competitions to run simultaneously across the afternoon, by our amazing local coaching providers and partners. Events will also be a mix of competition, participation and fun. We again have some drop-in activities which your participants can try out between events. Each event is in the table below and has target year groups.

We will again be awarding the Salt Ayre Cup to the school who gains the most points through participation (teams involved), performance and results. This year's banner competition will also go towards Salt Ayre Cup points. Here, each school is encouraged to make a school banner depicting their own school ethos and values.

<u>Itinerary of the Day</u>	
TIME	INFORMATION/ACTIVITY
8.00am	We'll arrive and setup
10.00am	Schools start to arrive to register on the Athletics Track
10.30am to 11.00pm	Opening Ceremony & groups allocated
11.00pm to 14.00pm	Various Sports Competitions/Activities
14.00pm to 14.30pm	Closing Ceremony and Awards (given out at the specific events)

The table on the following pages depicts which sports are available at this event, including sport type, format, the coach organising the session and the area the activity is taking place. Please read through this thoroughly before deciding on your sports. Schools must have an adult at each sport with their team/s. There is also a planning document on the final page for you to bring on the day.

Each school may initially enter up to five competitions. All events will run at the same time, so please do not enter the same children in more than one event (except for Orienteering team). There will also be drop-in activities available throughout the day, which children can join if they have free time and are not needed in their event. For example, a orienteering team can play in another sport, but that team should not be dependent on the orienteering players as the orienteering event takes priority.

We understand that many events will be taking place at once, but this allows more children to take part in sport, rather than the same children participating in everything.

Schools may enter one team per event. If you would like a potential additional team, please enter again. Extra places will only be offered after all schools have had the chance to enter, and they will be allocated on a first-come, first-served basis until spaces are filled. We will send out event updates periodically so you can see what is available. The priority is to give schools their first choices rather than additional teams, but schools need to book in asap.

To help with staffing and create a great atmosphere, schools are welcome to bring additional children to:

- cheer on their teammates



- act as assistant coaches, sports leaders, or reporters
- take part in the drop-in activities during the day

These drop-in activities allow children to simply **arrive, take part, and leave when they wish.**

Please read the table carefully and note the number of teams or participants each school is permitted to enter in each sporting event.

Once you have decided which events you would like to enter, please complete your bookings via www.lhssn.co.uk. If you wish to enter two teams in an event, please submit two separate bookings. Please do not include this request in the notes section, as it may be overlooked.

If you have any questions or additional requests, please contact timothy.fletcher@bay.staracademies.org.

Entries will be allocated on a first-come, first-served basis to ensure that as many schools as possible are able to participate and that all events are filled where possible.

The deadline for entries is **Friday 24th April**. Schools will be notified whether they have been allocated second teams after this date as well as what spaces are available in case schools would like more teams.

<u>SPORT</u>	<u>FORMAT</u>	<u>TARGET YEAR GROUP</u>	<u>AREA</u>	<u>EVENT DELIVERER</u>	<u>MAXIMUM TEAMS/PARTICIPANTS</u>
<u>COMPETITIONS</u>					
ORIENTEERING School Games Value: SELF BELIEF	Teams split into pairs, run the courses, all teams scores combined	5/6	Cycle Track and Football Fields	Orienteering Club	40 Teams (Teams of 6, made up of 3 boys & 3 girls) <i>(Pupils can join other sports squads AFTER completing orienteering if required, please allow for numbers in your other squads if so)</i>
QUAD KID'S ATHLETICS School Games Value: DETERMINATION	Rotate around 4 events, which include 50m sprint, 400m run, vortex throw & standing long jump. Team scores count	3/4	Athletics Track and Throwing area	Nathan Bibby (SGO)	16 Teams (Made up of 8-12 squads of 4-6 boys and 4-6 girls)
GOLFWAY School Games Value: HONESTY	Tri-Golf activities, with teams scores	3/4	Top end of track	Heysham Golf Club	12 Teams (Made up of 5 boys & 5 girls)
GIRL'S FOOTBALL School Games Value: TEAMWORK	Group games & knockout	4/5/6	Football Field 1 (Grass) (End of the car park)	Jeremy Morecambe FC	16 Teams (Teams of 6, squads of up to 10)
TAG RUGBY LEAGUE School Games Value: RESPECT	Tournament/Festival (Skills and Competition)	5/6	Centre of Athletics Track (Grass)	Wigan Warriors & Heysham Atoms	12 Teams (Squads of up to 12, teams of 7)



DODGEBALL School Games Value: <u>HONESTY</u>	Tournament/Fun activities (Competitive but remember SG values)	4/5/6	Grass Pitch 3 (Grass) through corner lane between astro and athletics track.	Scott Wilcock	16 Teams (Squads of up to 10, teams of 6)
KORFBALL School Games Value: <u>SELF BELIEF</u>	Coaching and participation Tournament (Friendly Competition)	5/6	Grass- Centre of athletics track, nearer astro	Andrew Barnes LCH	16 Teams Teams of 4, squads of 6, 3 boys & 3 girls.

PARTICIPATORY FUN GAMES

DANCE & CHEERLEADING School Games Value: <u>PASSION</u>	Active participatory fun! (Fun/participation)	3/4/5/6	Conference room & Parade around site	Kerry (Our Lady's OLCC PE)	40 Participants (1- 8 per school) (MUST specify numbers expected-No gender ratios)
INDOOR CRICKET School Games Value: <u>DETERMINATION</u>	Coaching and friendly matches	3/4	Sportshall & Balcony	Lauren Burrow	80 Participants, no ratios Teams of 8, Squads of up to 10
CLIMBING WALL School Games Value: <u>SELF BELIEF</u> <u>NOT BOOKABLE</u> <u>YET MAY ONLY EXPRESS AN INTEREST</u>	Friendly activities, utilising fantastic new facilities. 3 groups rotate and do all activities. (Participation)	2/3/4	Indoor climbing wall & soft play: 1- Climbing session 2- Soft play 3- Activity in party room quiz/problem solving/break Rotate during timeslot!	Salt Ayre Staff	36 participants (3x 12) 6 Participants per school maximum.
POP LACROSSE School Games Value: <u>DETERMINATION</u>	Coaching and friendly matches	5/6	Pitch 2 Back grass pitch (behind girl's football)	Lacrosse North West	12 teams of 5, squads of up to 9 per school
TEAMWORK & PLAYGROUND GAMES School Games Value: <u>TEAMWORK</u>	Fun playground style active games & skills challenges.	4/5/6	Pitch 2 Back grass pitch (behind girls football)	Dan LHSSN	12 teams of 8 pupils per school (NOTE: Adult may need to move around & read Instruction card to your group)

DROP IN AND TRY ACTIVITIES

ARCHERY	Target practice	Any	In front of Athletics Hut	Students	Drop in- 10 minute session per school maximum please.
ART & DESIGN	Reporter- Write up a story from the day and/or draw a picture.	4/5/6 (Individual or Team)	Tables Near Athletics Hut.	Own staff	These can be completed after the day as well! Please see emails if unsure.
BASKETBALL	Skills & Small sided matches	Any	Tarmac area behind the athletics hut	Lancaster Youth Hoops	Drop in and play

NOTE: Other Drop-ins will be confirmed on the day! Crazy golf & the play park will be unavailable.



Bay
Leadership Academy



Schools should ensure they have an adult per activity and bring their own first aid kits, check photo consents and that each child has the appropriate clothing and personal equipment for their event, playing equipment will be provided. Children with disabilities are welcome in any events that you deem appropriate. In case of bad weather, some activities would be cancelled but we will let you know BEFORE the event, and we will try to switch pupils into other sports. A reserve date of 14th July is also pencilled in where required.

The deadline to book your entries via the website is 7.30pm Friday 24th April.

Sincerely,

LHSSN Directors
Tim Fletcher & Steven Jamieson

Email: Timothy.Fletcher@bay.staracademies.org
Mobile: 07917 873 616

We can only put events like this on thanks to your LHSSN Memberships-

Thank you and enjoy your day!

Live Healthy  Stay Strong



SCHOOLS PLANNING DOCUMENT

<u>ACTIVITY SELECTED</u>	<u>FORMAT</u>	<u>YEAR GROUP</u>	<u>PARTICIPANT NAMES</u> <i>(adjust to suit)</i>	<u>SALT AYRE AREA</u>	<u>STAFF ALLOCATED</u>