INSPIRING ACTIVITY

Working together to inspire children, teachers and families to be active from playground, to park, to Finish Line.

tcs MINI LONDON MARATHON 27 IN SCHOOLS

A two-mile event in schools inspired by the TCS London Marathon



junior parkrun

A fun, free, friendly 2K event on Sunday mornings in parks and open spaces

the Daily Mile

Powered by LONDON MARATHON FOUNDATION

A 15-minute movement break during the school day

LONDON MARATHON EVENTS INSPIRING ACTIVITY

LONDON MARATHON FOUNDATION INSPIRING ACTIVITY

MILLIONS OF CHILDREN ARE NOT MOVING ENOUGH

Fewer than half of children in the UK are moving as much as they should be. Being active helps children learn, focus and feel happier. But not every child gets the same chance to move.

We want to help remove the barriers that stop children being active, and make movement easy, fun and inclusive so every child, whatever their background or ability, can take part and feel the benefits.



MOVEMENT CHANGES EVERYTHING

When children move more, they:

- Concentrate better and enjoy learning more
- Feel happier and more confident
- Build healthy habits that last a lifetime
- Have a greater sense of belonging and social connection

Whether it's taking their first few laps or chasing a new personal best, being active helps every child find their own version of success.

MOVING TOWARDS A SHARED GOAL

By joining forces, we're creating easy and welcoming opportunities for children that inspire them to keep moving, whether that's at school or in their community.

SMALL STEPS TO A BIG DIFFERENCE

junior parkrun

Schools register as a parkrun primary to connect with their local junior parkrun event.

the Daily Mile

Powered by London Marathon Foundation

Schools and teachers add movement to the day with The Daily Mile.

tcs MINI LONDON MARATHON 27 IN SCHOOLS

A fun challenge the whole school can get involved in.

LONDON MARATHON EVENTS INSPIRING ACTIVITY

LONDON MARATHON FOUNDATION INSPIRING ACTIVITY